

Level 2 Integrated English Skills

Unit 4 VTL

Noun	Verb	Adjective	Adverb
		absolute	<u>absolutely</u>
agreement	<u>(dis) agree</u>		
	<u>avoid</u>	avoidable; (un)avoidable	
benefit	benefit	<u>beneficial</u>	
<u>connection</u>	<u>(dis)connect</u>	(connected)	
<u>effect</u>	affect	(in) effective	[effectively]
		<u>essential</u>	[essentially]
health		(un) <u>healthy</u>	[healthily]
		<u>occasional</u>	occasionally
		particular	<u>particularly</u>
prevention	<u>prevent</u>		
promotion	<u>promote</u>		
recommendation	<u>recommend</u>	[recommended]	
		recent	<u>recently</u>
<u>relationship</u> (thing); relative (person)	(relate)	(un) related	
response	<u>respond</u>		
<u>risk</u>	risk		

Activity #1: Definitions I

Match the definition with the VTL word by choosing the correct VTL word.

1. Complete or total
2. something that aids or encourages well-being, good health etc.
3. deliberately keeping away from or preventing from happening
4. to say “yes”; to make a decision with others

Activity #2: Definitions II

Match the definition with the VTL word by choosing the correct VTL word.

1. a change as a result of something else
2. a relationship between things, people, and ideas
3. unique or specific to a person, thing or category
4. happening or done sometimes, not often

Activity #3: Definitions III

Match the definition with the VTL word by choosing the correct VTL word.

1. just previous to the present time
2. bond, by blood, friendship, or profession, that binds people together
3. the act of stopping something from happening
4. the act of saying that someone or something is good and should be chosen

Activity #4: Definitions IV

Match the definition with the VTL word by choosing the correct VTL word.

1. to answer or act after something has happened or someone has done something
2. the possibility that something bad could happen
3. the act of helping someone or something develop and become successful
4. very important and necessary



Activity #5: VTL in Use I

Complete the following sentences using the VTL words from the Word Box below.

Word Box

responds	benefited	promoted	healthy
agree	recommends	connections	avoid

1. All doctors _____ that students do not get enough sleep.
2. You should _____ all loud music and other distractions when trying to study.
3. The students _____ from their teacher's vast experience in Africa.
4. Doctors say that eating a _____ breakfast is the most important meal of the day.
5. There are strong cultural and economic _____ between the UAE and other Gulf countries.
6. The student council _____ that students have study break between 12 noon and 1:00pm.

Activity #6: VTL in Use II

Complete the following sentences using the VTL words from the Word Box below.

Word Box

prevent	relatives	promoting	connection
responded	recent	risk	healthy

1. They say that being happy at home helps _____ heart disease and other diseases.
2. This week, the university is _____ healthy eating by only serving healthy meals in the cafeteria.
3. After the _____ accidents on the nearby highway, police have installed speed cameras to help slow down drivers.
4. I am looking forward to seeing all my _____ when we visit Canada this summer.
5. The student _____ quickly with the correct answer when the teacher asked the question.
6. A _____ diet is necessary for a happy life.

Activity #7: Word Forms I

Using the correct form of the word in the Drop Down Box, complete the following sentences.

1. After several days of fighting, the two boys
that they would sit down and discuss their differences.
2. You should _____ fatty foods and soft drinks
to stay healthy.
3. You need to study at home too, if you want to _____
your English classes.
4. There is a strong _____
between eating healthy food and living a
long time.



Activity #8: Word Forms II

Using the correct form of the word in the Drop Down Box, complete the following sentences.

1. The teacher had a strong _____
on her class and they studied hard.
2. Two important factors for a long happy life are a _____
mind and body.
3. I like all movies, but I _____
enjoy comedies.
4. Be careful with your cooking when camping. This will
_____ dangerous fires.



Activity 9: Word Forms III

Using the correct form of the word in the Drop Down Box, complete the following sentences.

1. Gucci has a _____ on their perfume. When you buy a bottle of perfume, they will give you body lotion.
2. So many students arrived late to class . Why is this?
3. The _____ the student gave to the question was incorrect.
4. I still do not understand the _____ between the clown fish and the sea anemone.



Activity #10: Vocabulary in Context

Using the Unit 4 VTL you have learnt, complete the paragraph below using the words from the Word Box.

Word Box

relationship	health	recent	respond	connect	agree	benefit	healthy
--------------	--------	--------	---------	---------	-------	---------	---------

The Benefits of Breakfast

Doctors _____ that breakfast is the most important meal of the day. research suggests that students _____ from eating breakfast in two main ways. First, students' overall _____ is improved by breakfast. Second, there is strong _____ between academic success and breakfast consumption.

Children who eat a _____ breakfast every morning were found to have better concentration, _____ faster, and learn better in class. They were also found to be more energetic.

Be careful with capital letters!

Photographic Credits

Agreement

<http://en.wikipedia.org/wiki/Handshake>, Accessed February 17, 2013

Fast Food

https://www.google.ae/search?as_st=y&tbm=isch&hl=en&as_q=fast+food&as_epq=&as_oq=&as_eq=&cr=&as_sitesearch=&safe=active&tbs=sur:f#facrc=&imgdii=&imgrc=KRdWN9l4Goe2nM%3A%3B0du7_44bMP_VwM%3Bhttp%253A%252F%252Ffarm7.staticflickr.com%252F6105%252F6319155216_127b4ebc0b_o.jpg%3Bhttp%253A%252F%252Fwww.flickr.com%252Fphotos%252Fstephen-oung%252F6319155216%252F%3B3872%3B2592, Accessed October 27, 2013

Camping in the Desert

https://www.google.ae/search?as_st=y&tbm=isch&hl=en&as_q=camping+in+desert&as_epq=&as_oq=&as_eq=&cr=&as_sitesearch=&safe=active&tbs=sur:f#facrc=&imgdii=&imgrc=ID9V74JwbmAswM%3A%3BU5MQBHx1KxAV8M%3Bhttp%253A%252F%252Ffarm1.staticflickr.com%252F81%252F278053968_71a95c1fb1_o.jpg%3Bhttp%253A%252F%252Fwww.flickr.com%252Fphotos%252Ftherogue%252F278053968%252F%3B3072%3B2304, Accessed October 27, 2013

Clown Fish and Sea Anemone

http://commons.wikimedia.org/wiki/File:Ocellaris_clownfish_Flickr.jpg, Accessed October 27, 2013

Healthy Breakfast

http://commons.wikimedia.org/wiki/File:American_healthy_breakfast.JPG, Accessed October 27, 2013

Nutritious Food

http://commons.wikimedia.org/wiki/File:Good_Food_Display_-_NCI_Visuals_Online.jpg, Accessed February 17, 2013

Risk

https://www.google.ae/search?as_st=y&tbm=isch&hl=en&as_q=risk&as_epq=&as_oq=&as_eq=&cr=&as_sitesearch=&safe=active&tbs=sur:f#facrc=&imgdii=&imgrc=bQ0_G32zGVM39M%253A%3Bzr2PV7z0lQdpGM%3Bhttp%253A%252F%252Ffarm6.staticflickr.com%252F5282%252F5214949749_a58160b99b_o.png%3Bhttp%253A%252F%252Fwww.flickr.com%252Fphotos%252Fmichaelheiss%252F5214949749%252F%3B2960%3B2504, Accessed February 17, 2013

Sleep

<http://www.flickr.com/photos/pink-neko/2545041444/>, Accessed February 17, 2014

Sleeping while Studying

http://commons.wikimedia.org/wiki/File:Sleeping_while_studying.JPG, Accessed October 27, 2013

Definition Reference

Word Web, (2012), [Mobile application Software] downloaded from the App. Store, September 2012

