# Unit 4

## Introduction Activity

*(note – medicine names supplied for teacher reference – students should find these in their groups)*

## Pictures:

**Star Anise**

**Honey**

**Ginger**

**Black Seed**

**Zatar**

**Photos:**

| | |
|---|---|
| Ginger: | iStock photo |
| Star Anise: | iStock photo |
| Tumeric: | iStock photo |
| Black seed: | iStock photo |
| Zatar: | Kimberly Connors - February 27, 2015 |

**Directions to the teacher:**

Students should be placed in groups of 3-4. Ask the students:

- Do you know the natural medicines in the pictures?
- What are they?
- Are they useful? Why/why not? (briefly!)

The teacher will then assign each group one of the natural medicines. Students will answer the questions below about their natural medicine.

There should be more natural medicines than required, so choose what you think might be interesting or get the student to self-select.

Students work though task 1 & record answers on worksheet (1 per group). If time do presentation or get the groups to report back in class discussion

**Directions to students:**

Look at these pictures of herbs, seeds, and roots. In the past, all medicine in the Arab world was natural and traditional. There weren't any medicines made from man-made chemicals.

In this activity. You will:

**Step 1:** Your teacher will give you one of these natural medicines. Answer the following questions about the natural medicine:

a. Give the English name of the natural medicine. *(use your ipad, or a translator)*
b. What are the health benefits (*good things*) of this natural medicine?
c. Do people still use this medicine today? Is it better than modern medicine? Why? / Why not?
d. Describe how medicine in the UAE has changed? In your opinion, has it improved or not?

**Step 2:** Give a short presentation to the class, on your natural medicine, using your answers to the questions in **Step 1**. Each student should participate in the presentation.

# Traditional Medicine

Group Members: _____

**Step 1:**

| | |
|---|---|
| Arabic name: | |
| English name: | |
| Health benefits | • <br> • |
| Do people still use it today? Why/ Why not? | |

How has medicine changed in the UAE?

_____

_____

_____

Has medicine improved? Why/Why not?

_____

_____

_____

**Step 2:** Give a short presentation to the class, on your natural medicine, using your answers to the questions in **Step 1**. Each student should participate in the presentation.